
Competency Programme and Evaluation Framework for Senior Midwives

4. Sample Worked Examples

The selected practice examples are provided to assist in the completion of the competency framework. **They must not be copied in your framework.**

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Title:	Midwife		

Scope of Document

This document titled *Sample Worked Examples* demonstrates three different samples of evidence including a reflective account, summary of a professional development activity and a professional review. The aim is to provide you with an idea of the type of evidence that is expected.

Applicant's Declaration

1. I declare that I have assessed myself against the Competency Framework for Senior Midwife and that I meet the required standards of competence.
2. I declare that any documentation and evidence presented is entirely my own work, or whenever the work was part of a team due reference is made.
3. I certify that the documents referenced and submitted for evidence are authentic.
4. I understand that I will be called for an interview to verify submitted evidence, demonstrate the competencies achieved and present original certificates referred to as part of the framework.
5. I understand that the board may ask for additional material or evaluation of evidence.

By signing I declare that the information I have given is true and correct.



Applicant Signature _____ Date: _____15/11/2021_____

Competency 1.4: Provides evidence of continuous professional development.

Write your text in the space below

The following is a short summary of what is expected on a CPD activity.

2016 – Safe Practices within the Clinical Environment: Short Summary

I had the opportunity to attend a one day Conference on Safe Practices within the clinical environment. A brief introduction to patient safety issues including the physical, social, emotional and economic costs was presented. This was followed by a description of the PASQIT project currently being implemented in Mater Dei Hospital. A number of initiatives associated with this project were also presented including thermoregulation of the newborn, pressure sores, and the importance of discharge planning to reduce potential safety issues.

Most of the topics on patient safety were not new however I was not aware of some of the initiatives that were taking place. Also the importance of the reporting and its positive impact at organisational level was presented. This facilitated my understanding of the whole concept. The lack of reporting by all professionals was also debated. During the presentation I could relate to a number of incidents including near misses that I could have reported but did not know.

The importance of reporting is an issue that I will be working more upon. Reporting provides a means for the organisation to analyse the processes and improve upon them. It has also widened my perspective on other areas which are considered as part of the patient safety alert. These areas will aid as a reminder in my every day practice.

Domain 2: Provision of Midwifery Care

Competency 2.2: Ensures that the clients have been provided with the necessary information to make informed decisions and remains in control of their health.

Write your text in the space below

Provide a brief description of the event/ experience / training including your thoughts and feelings.

Two years into my practice I was assisting a woman who was about 3 hours into the first stage of labour. Contractions were strong and regular with 1 contract every 3 mins. The woman was asking for something stronger than Entonox for pain relief. The options of Pethidine injection and of the epidural infusion were given but both the woman and her partner seemed to have no idea what either of these entails. I tried to provide information about the pros and cons of both but I realized that she was getting more confused and stressed out. Therefore, I encouraged her to go for an epidural, after taking into consideration how she had been reacting to pain during these last few hours. By then, the woman was in quite some pain and it was difficult for her to focus her attention on what I was explaining. The woman decided to go for an epidural and coped very well throughout the rest of labour.

What was good and bad about the experience?

Write your text here

Despite the fact that everything went well, I had questioned my assessment and actions several times. First of all, I realized that the timing of information giving was not adequate and both she and her partner were too stressed out to understand the information given so as to make an informed choice. Secondly I had focused on pharmacological pain relief and did not mention any other options for managing contractions such as mobilization and use of different positions, the use of Swiss ball, massage, relaxation techniques, and reassurance. Evidence based practice suggest that these are crucial component of intrapartum midwifery management as they support the physiology of birth.

Write about any changes or improvement in your practice as a result.

Write your text here

Following this case, I had changed my practice and whenever possible I make it a point to discuss pain relief management in the very early stages of labour. At this stage, the mother would be more coherent to decide on the appropriate pain relief methods to be adopted throughout labour. I also valued the importance of reflection in practice and on practice.

Competency 2.6: Takes charge of ward/section/unit, in the absence of Charge Midwife.

Write your text in the space below

Ms Joanna Borg has formed part of this unit since its initial phases and thus was one of the members who participated in the setting up and training and mentoring of new staff during its expansion. Ms Borg was one of the senior qualified nurses and has acted as charge nurse, in the last three years when I was responsible for the Unit taking charge of the unit in my absence. She has systematically demonstrated the ability to be flexible, prioritise work and willing to share her knowledge and expertise with patients, families and other members of staff. She is a very responsible, organised and accountable person. She is able to work independently, out of own initiative and/or within a team. She has always demonstrated ability to acknowledge her limitations and liaise with her senior management as needed. Ms Borg has strong communication and interpersonal skills and is a valued team member.

Yours Sincerely



Sharon Camilleri
Charge Nurse
Obstetric Ward 11



Joanna Borg
Midwife
Obstetric Ward 11

